



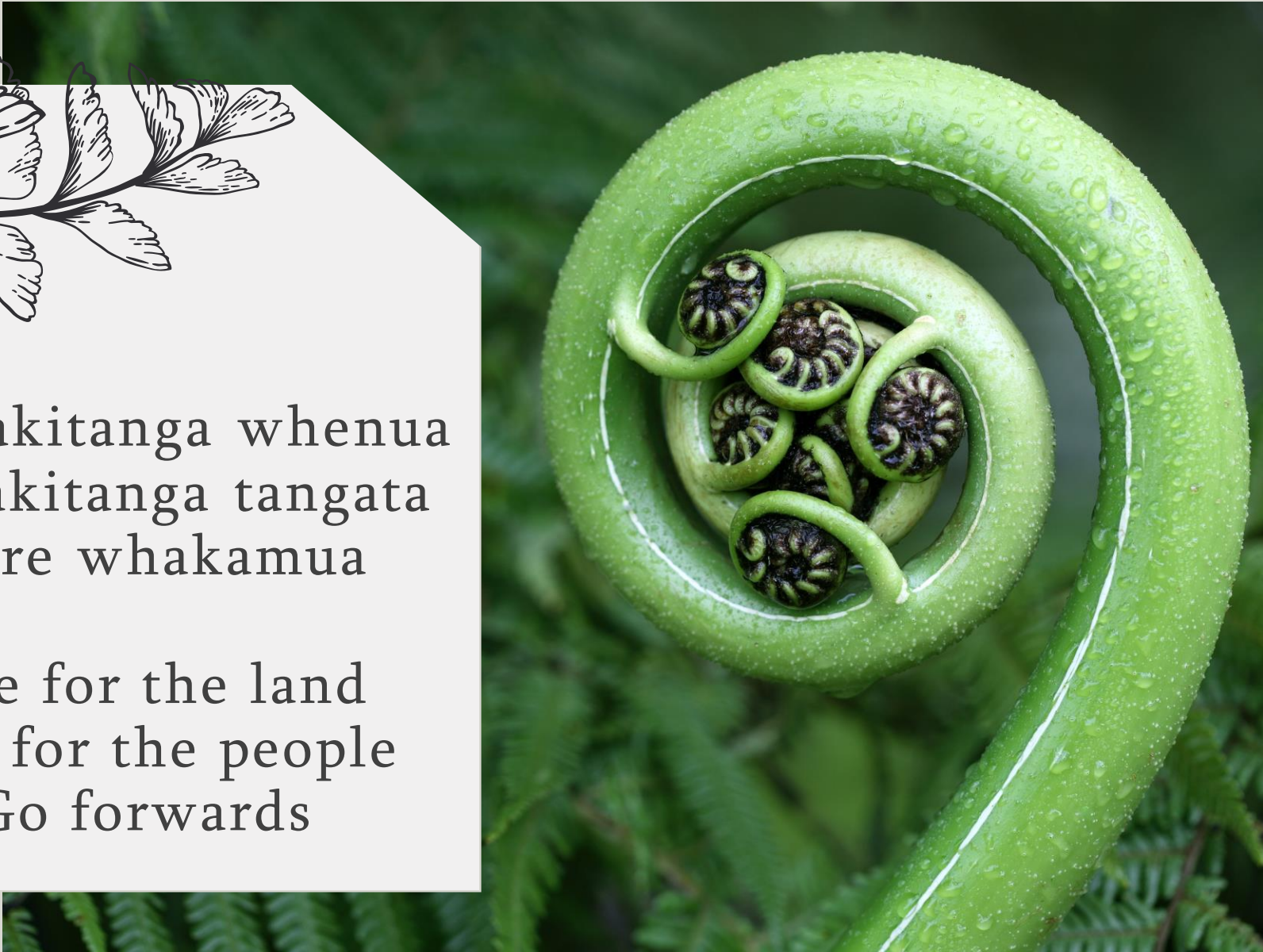
# Planet, People & Primary Health

Kiyomi Kitagawa



Manaakitanga whenua  
Manaakitanga tangata  
Haere whakamua

Care for the land  
Care for the people  
Go forwards



# Why is climate action important?

Climate change has multiple direct and indirect impacts on hauora and it has an inequitable impact on those with long-term health conditions, low socioeconomic status, the elderly, the young and those already experiencing inequity such as Māori and Pasifika.

Employees care about it

We may have to report on our emissions and emission reductions as a business

Patients/Clients care about it

## Some barriers:

Time

Money

Knowledge

?



Where we can affect change

SYSTEM

BUSINESS/ORGANISATION

INDIVIDUAL

# Our actions at Carefirst Westown

## Solar panels installed

Generating our own green energy, reducing our grid power use and putting solar generated power back into the grid

## NPDC Zero Waste

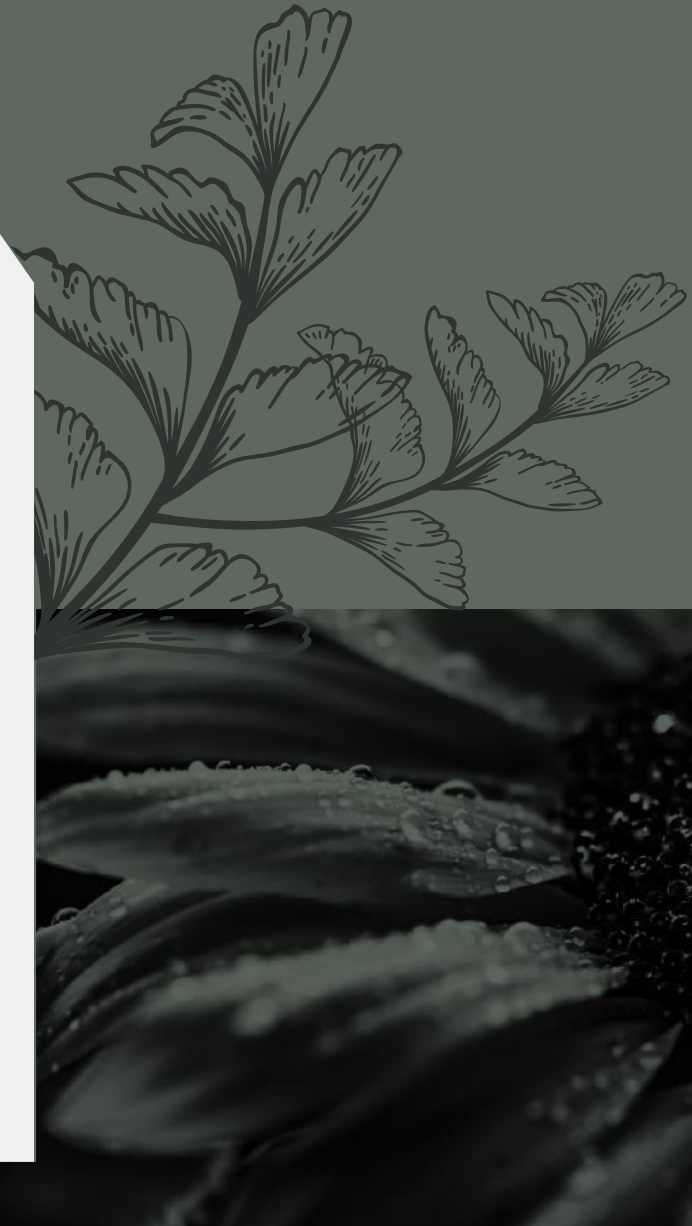
In partnership with NPDC we audited our waste and reduced it

## Toitū carbon audit

First beautifully designed product that's both stylish and functional

## Prescribing for climate

Currently working through major carbon emission medicines and prescribing habits





# Our waste reduction efforts

- Appointed a Waste Reduction Champion, Katherine Whaley and ensured she was resourced with the time.
- With expert guidance from New Plymouth District Council's Resource Wise Business (RWB) Programme
- End of 2022 we achieved 'Silver status', diverting 55% of our annual waste from Taranaki landfill. Over 2000 kgs!
- <https://www.npdc.govt.nz/zero-waste/commercial-rubbish-and-recycling/resource-wise-business-programme/>



# Our green energy efforts

- Funded with the support of the **MRHNCT Facility Development Fund**
- Install completed over a year ago
- Reduction in grid power use by up to 40%
- Solar energy going back into the grid



# Our carbon emissions assessment

- We have committed to Toitū Envirocare's Carbon Reduce certification
- Audit is complete and we are eagerly awaiting the results
- Then we will set a plan to zero and beyond





# Prescribing with climate in mind

- We are currently starting efforts to prescribing changes that will have a significant impact on carbon emission and climate
- It's estimated up to 60% of health's emissions are in medications

# TOP TIPS:

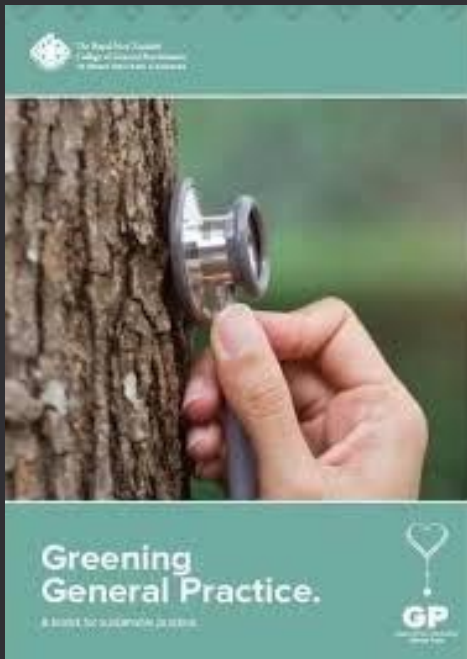
- Appoint a champion
- Find partnerships and support in other organisations in your community
- Change your prescribing
- Waste reduction and management
- Audit your emissions and set a target to zero





Pātai?

# Some useful resources



<https://zerowastetaranaki.org.nz/how-to-reduce-waste-in-your-business>

<https://www.racgp.org.au/getattachment/3c4c6433-b40b-4684-b5e5-50ebafd67d03/Greening-up-Environmental-sustainability-in-general-practice.aspx>

<https://www.rnzcgp.org.nz/gpdocs/New-website/Dashboard/Resources/Guides-and-modules/Greeninggeneralpracticeweb2016.pdf>

<https://www.npdc.govt.nz/zero-waste/waste-minimisation/waste-minimisation-at-work/resource-wise-business-programme/>

<https://www.racgp.org.au/running-a-practice/security/managing-practice-information/e-waste/key-actions-for-practice-owners-to-create-an-envir>

<https://www.racgp.org.au/running-a-practice/security/managing-practice-information/e-waste/reducing-the-carbon-footprint-of-inhalers-climate>