



# Collaboration Study Newsletter

**T**ēnā koe,  
welcome to our first edition of the Collaboration study newsletter. This is where we can share our study with you, provide updates and introduce you to our mahi and team.

**Aim:** To identify the health and well-being needs of Wāhine Hapū and Māori with chronic conditions using a co-designed and comprehensive wellbeing screening assessment

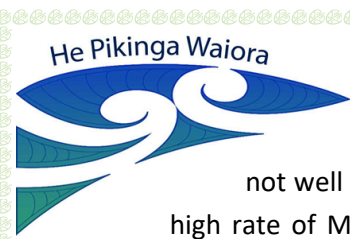
He Pānui: newsletter

**Maramataka: Kohi-tātea  
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He Pikinga Waiora

Health related issues that are important to Māori are currently not well addressed. Waikato has a high rate of Māori births, compared nationally, which are more at risk of resulting in adverse birth outcomes. Māori are also disproportionately affected by chronic conditions. This project will focus on these two important life stages.

We will be guided by the **He Pikinga Waiora Co-design**

**Framework** and co-design a wellbeing needs assessment for wāhine hapu and Māori with chronic conditions. **This will be informed by:** evidence, whānau, focus groups & staff and stakeholder engagement.

We plan to **pilot the assessment later this year with 400 wāhine hapū and 200 Māori** patients with chronic conditions. Then, we will evaluate these results and develop a service toolkit for national rollout.

## Advisory Groups



Chronic Conditions Advisory hui



Introducing the advisory groups. Their role is to provide governance to the development, implementation and evaluation of the study. The group members comprise of a combination of leadership, whānau patient representatives, community, cultural, and clinical expertise.



Lynley Uerata, Tina Baty, Ross Lawrenson & Amy Jones presenting to WDHb Maternity Quality



Wāhine Hapū Advisory hui



**Project Manager:**

**Dr Amy Jones**

Email: amy.jones2@waikatodhb.health.nz

Phone: 027 343 9715





# Collaboration Study Newsletter

## Meet the Research Team

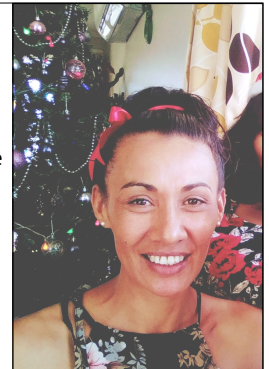
He uri ahau o Waikato  
 Ko Ngāti Tahinga, ko Ngāti Mahuta ōku hapū  
 Ko Waingaro tōku marae  
 Ko Lynley Uerata tōku ingoa

I grew up on my grandparent's dairy farm on the edge of the Rotoehu forest, Western Bay of Plenty. I have lived in Hamilton for 15 years, having moved here in my late teens to study social sciences at the University of Waikato. Graduating with a Masters in Labour Studies in 2011, and submitting my PhD this year, I have done different kinds of research in different kinds of organisations, focusing mainly on Māori health.

I am a Research Officer in the Collaboration study, on the chronic conditions project arm. I'm working with patients and practitioners to develop a whānau hauora needs assessment.



Ko Tairarahia te mauna  
 Ko Maria te taniwha  
 Ko Ohinemataroa te awa  
 Ko Te Rewarewa te marae  
 Ko Ranimoaho raua ko Kuramihirani na tipuna whare  
 Ko Te Tohu Maumahara ki na hoia te wharekai  
 Ko Te Mahurehure te hapu  
 Ko Te Purewa te tanata  
 Ko Tuhoe te iwi  
 Ko Tairawhiti te Tūrangawaewae  
 Ko Tina Baty toku ingoa



I was born and raised inland of Gisborne in Puhā, a small farming settlement. My father descends from both English/Scottish lines and my mother from Tuhoe. I have one brother and six sisters, my identical twin sister and I are youngest. In 2016, I relocated to Hamilton to undertake further studies at the University of Waikato, graduating with a post-graduate diploma and Master's in Psychology. Since then, I have worked on several research and evaluation projects, including Harti Hauora Tamariki study on the pediatric wards at Waikato hospital, 2018 to 2020.

I'm currently a Research Officer on the Wāhine Hapū arm of the Collaboration study. A proud sole mother of two children, having lost my second child to Cot-death in 2005, I know the realities that challenge many of us as wāhine Māori, wāhine hapū, and as māmā. This study will develop and pilot a hauora assessment tool that identifies the holistic needs of wāhine hapū and provision to support those needs. It is a targeted intervention that is culturally appropriate, whānau-centered, collaborative and connected.

## Whakahou Study update

### Research milestones to date

- Research staff were recruited and commenced in June and we obtained Ethics approval in August
- Two Advisory group hui have been held virtually, one for each arm of the study, in September
- We have also hosted a Smoking cessation hui and a panel discussion for wāhine hapū research groups

### Presentations given in 2021:

- \* Waikato Maternity Quality and Safety Patient Governance Group (July, see photo pg. 1)
- \* WDH B Consumer Council (August)
- \* WDH B Hospital Grand Round (November)

### Upcoming

- We have a summer student with us until late January, Nu'umoe Duffy. She is interviewing staff from services that support whānau (e.g. Kaitiaki, whānau ora, WHIRI). We want to better understand how these services operate, identify gaps or overlap across services and provide an opportunity for building relationships
- Advisory group hui for both study arms are scheduled for February

