

NPNZ & GOODFELLOW UNIT

21st March 2025: CLINICAL PRACTICE WORKSHOP

In 2025 NPNZ and the Goodfellow Unit will be offering a pre-conference clinical practice workshop as part of the 2025 Goodfellow Symposium. This exciting workshop offers a wide range of clinical education provided by leading experts. Come and join us for a day of learning, networking and gaining practical tips for Monday!

TIME	TOPIC	SPEAKER
8.30am – 8.45am	WELCOME	Chelsea Willmott Chair of NPNZ
8.45am – 9.30am	Diabetes: Hot tips for diabetes care	Dr Helen Snell Nurse Practitioner
9.30am – 10.15am	Acute back pain and when to refer	Mr Anand Segar Orthopaedic and Spine Surgeon
10.15am – 10.45am	Life hacks from the Buddha	Dr Tony Fernando Psychiatrist and Sleep Specialist
MORNING TEA & NETWORKING		
11.00am – 11.30am	Abnormal LFTs	Dr Hannah Giles (TBC) Consultant Hepatologist & Liver Transplant Physician
11.30am – 12.30pm	Sleep: managing the battles of sleep	Dr Tony Fernando Psychiatrist and Sleep Specialist
LUNCH		
1.00pm – 1.45pm	Understanding Kidney Function and how to reduce renal failure Treating microalbumin	Professor Rob Walker Consultant Nephrologist Department of Medicine, University of Otago
1.45pm – 2.45pm	Triadic Method Heart Failure, Hypertension and more. Case Studies	Professor Bruce Arroll Specialist GP & Medical Educator Department of General Practice University of Auckland
AFTERNOON TEA & NETWORKING		
3.00pm – 3.30pm	Imposter Syndrome: The Five Types & How to deal with it	Chelsea Willmott Dr Catherine Cook
3.30pm – 4.00pm	Running your mind and life when there is no instruction manual	Professor Bruce Arroll Specialist GP & Medical Educator Department of General Practice University of Auckland
CLOSE		

REGISTRATIONS NOW OPEN: To register please contact secretary@npsz.org.nz

- Cost: \$300.00 - morning and afternoon tea provided
- Location: The University of Auckland, Building 507, room G100. 28 Park Avenue, Grafton, Auckland.