

27 April 2022

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Dear Team

We are contacting you to see if you would be willing to help us recruit participants to take part in a research study funded by the Health Research Council: **Improving continence management for people with dementia in the community** and led by Professor Vanessa Burholt at the University of Auckland.

This study will investigate the extent of the challenge (prevalence of urinary and faecal incontinence for people living with dementia in the community), and the current practices of professionals, Māori and people living with dementia, and their caregivers and whānau/family.

We would like to recruit people living with dementia and their supporters to take part in a one-off interview, about their experiences of promoting continence or managing incontinence. After this interview, we will ask participants if they would like to take part in up to three more follow-up interviews, approximately every 4 months to establish if there are any changes over time.

We would be very grateful if you could distribute or display the advert attached to this email, so that members can contact researchers to get a copy of the Participant Information Sheet, if they are interested in participating in the study.

If you would like to discuss the research project in detail, please feel free to contact me. I would also be happy to present information about the research study at any community meetings that you may have planned in the next few months or so, as your group/organisation members may appreciate hearing about the study first-hand and being provided with an opportunity to ask questions.

We do hope that you will be able to help with recruitment of participants to our study via your network/group membership. We anticipate that the research will identify promising strategies for promoting continence and managing incontinence and co-develop culturally appropriate guidelines and support materials intended to improve outcomes. Please contact me if you have any further questions.

Yours truly Julie Daltrey Nurse Practitioner / Researcher <u>j.daltrey@auckland.ac.nz</u>

On behalf of Professor Vanessa Burholt, Principal Investigator
Ngaire Kerse, Gary Cheung, Kathryn Peri, Rosemary Gibson, Deborah Balmer, Lisa Williams, Avinesh
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Named Investigators