

HEALTHY ACTIVE AGEING FORUM

Monday June 26 10am-12pm

Expo: 10am-11am

Forum: 11am-12pm

Hāwera Community Centre Hall,
66 Albion Street Hāwera.

Join us to hear practical, friendly advice
from health professionals.

An opportunity to connect with
community support services and learn
ways to keep yourself moving.

Contact Hilary Blackstock

(021) 480 180

hilary.blackstock@sporttaranaki.org.nz

Cost: Free

Tea/coffee and snacks provided

Plenty of parking