

Thank you for coming to the COVID-19 assessment and swabbing centre today

Patient Label

Name: _____

NHI: _____ DOB: _____ dd/mm/yy

Address: _____

Date tested: _____
(dd/mm/yy)

You have been tested for COVID-19 but you do not meet the higher risk criteria. There is no need for you to self-isolate while awaiting test results as you most likely have another illness.

Please stay home while you're feeling unwell and follow the advice of your healthcare professional on when you can return to work or school.

If your symptoms get worse or you become short of breath, contact your doctor (GP) or call Healthline on **0800 358 5453** for advice.

Protect yourself, your family/whānau and others from COVID-19



Wash your hands with soap and water often (for at least 20 seconds). Then dry well.



Don't touch your eyes, nose or mouth if your hands are not clean.



Cough or sneeze into your elbow.



Clean and disinfect frequently touched surfaces and objects, such as doorknobs.



If tissues are used, discard into rubbish bin and wash hands immediately.



Stay home and away from others if you feel unwell.

For updates and more information on keeping yourself safe, visit **Covid19.govt.nz**

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