

STRENGTH AND BALANCE REFERRAL WAIKATO

AIM: decrease the incidence and severity of falls in older adults
TRIAGE: contact clients to determine whether in-home or community programme is appropriate
IN-HOME: delivered by physiotherapists, through Waikato DHB Allied Health;
 in-home is for over 70s too frail for community group programmes
COMMUNITY: exercise classes with trained leaders which meet the ACC Technical Advisory Group's criteria,
 overseen by Strong & Stable through Midland Community Pharmacy Group;
 designed to help any older adult improve overall fitness especially leg strength and balance
BRAND: 'Live Stronger For Longer', nationwide movement led by ACC

REASON FOR REFERRAL (Tick all that apply)	
<input type="checkbox"/> Recent Fall (within last 6 months)	<input type="checkbox"/> Preventative strategy to maintain wellness
<input type="checkbox"/> At risk of falling due to their strength & balance	<input type="checkbox"/> Other – please comment:
SERVICE RECOMMENDED	
<input type="checkbox"/> In-Home	<input type="checkbox"/> Community Group Class
CLIENT DETAILS	
Client Name:	
Referral date:	NHI:
Age:	DOB:
Gender:	Ethnicity:
Address:	
Postal address (if different to above):	
Home Phone:	Mobile:
Comments or relevant medical details:	
REFERRER DETAILS	
Referred by (name, organisation, phone):	Usual GP and Practice:
CLIENT CONSENT	
I would like to be referred to a strength and balance service and consent to my details and any relevant medical information being sent to Strength & Balance team. Strength & Balance won't share this information with any other party without permission.	
Client signature:	Or tick if verbal consent <input type="checkbox"/> Date:

Send referral form to: **Email** WK-CRC@TeWhatuOra.govt.nz