



Flu

Protect yourself and your whānau

If you're 65+, or 55+ and Māori or Pacific,
get your FREE flu jab

To book your flu jab visit [BookMyVaccine.nz](https://www.bookmyvaccine.nz),
or contact your GP, pharmacy or healthcare provider

To find out more visit [immunise.health.nz/flu](https://www.immunise.health.nz/flu)
or call the Vaccination Healthline on **0800 28 29 26**