

AllStar[®] PRO

A handy walk-through for your AllStar[®] Pro pen

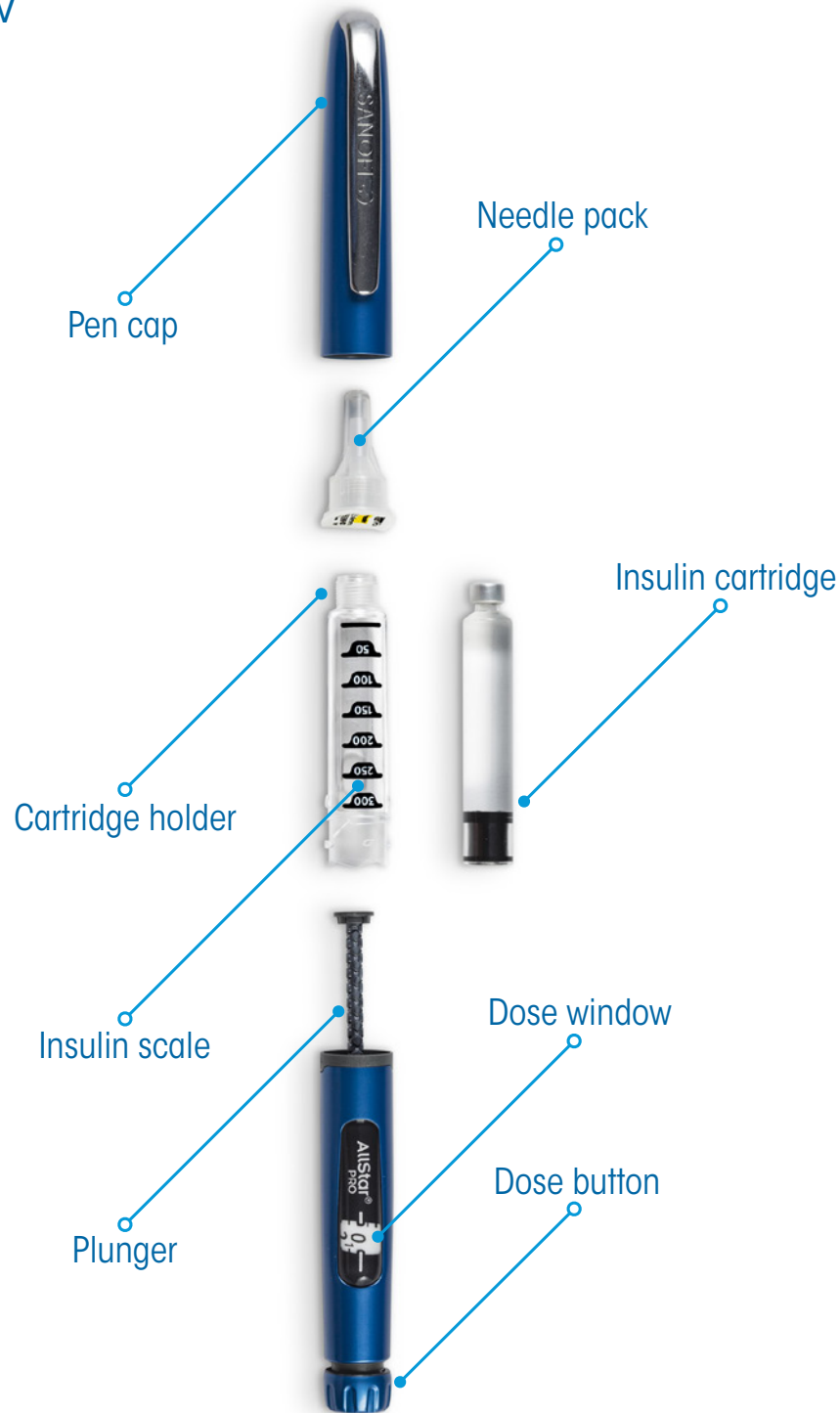


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Please keep in mind that this booklet isn't designed to replace specific medical advice from your doctor or other healthcare professional. If you have questions about your insulin, diabetes or injecting, speak with your doctor.

Getting to know your pen



The AllStar® Pro is available in two colours; Gilver* which is intended for use with Lantus® (insulin glargine 100 units/mL) cartridges, and cobalt/blue which is intended for use with Apidra® (insulin glulisine 100 units/mL) cartridges.

Your new AllStar® Pro pen is meticulously designed and made from quality materials. It will help support you when managing your diabetes. Please take a moment to understand each part of the pen before reading the rest of this book.

*Gilver: a color that is a mix of metallic gold and silver.

AllStar® Pro reusable insulin pen can only be used with Lantus® and Apidra® cartridges. The contents of this booklet are informational in nature and should not be used to replace the instructions for use provided with the AllStar Pro® device. Read all of these instructions before using your pen. If you do not follow all of these instructions, you may get too much or too little insulin. All data shown in this booklet, such as the selection of doses, are examples used for demonstration purposes and are not to be used to suggest an actual dose of insulin. For any questions about your pen or about your diabetes, ask your doctor, nurse or pharmacist.



Checking your insulin before every injection

Check your insulin every time you use your pen.

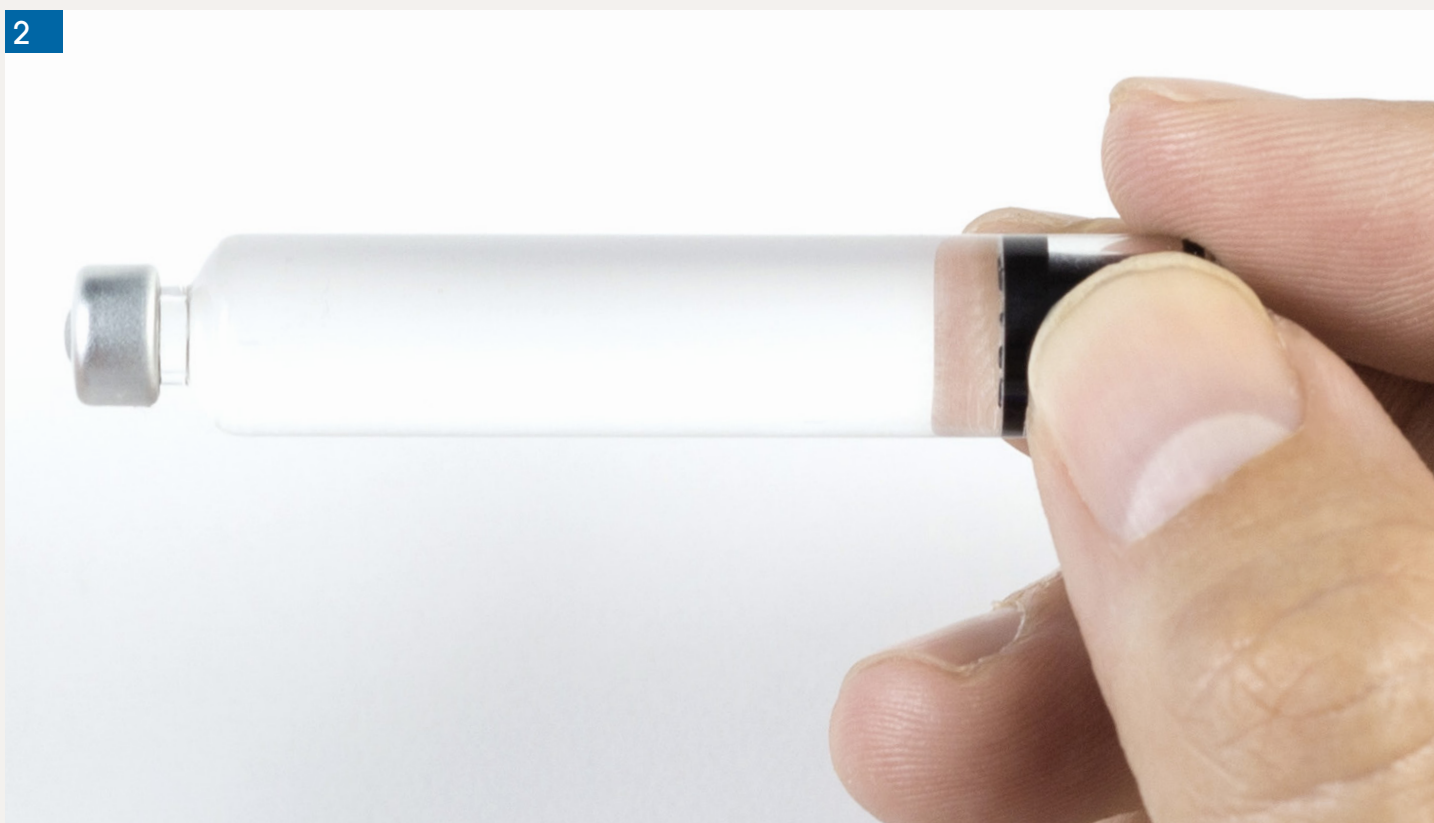
Your insulin type is _____ and should be clear.

1



1. Check the insulin type and expiry date.

2



2. Your insulin should be colourless with no particles.

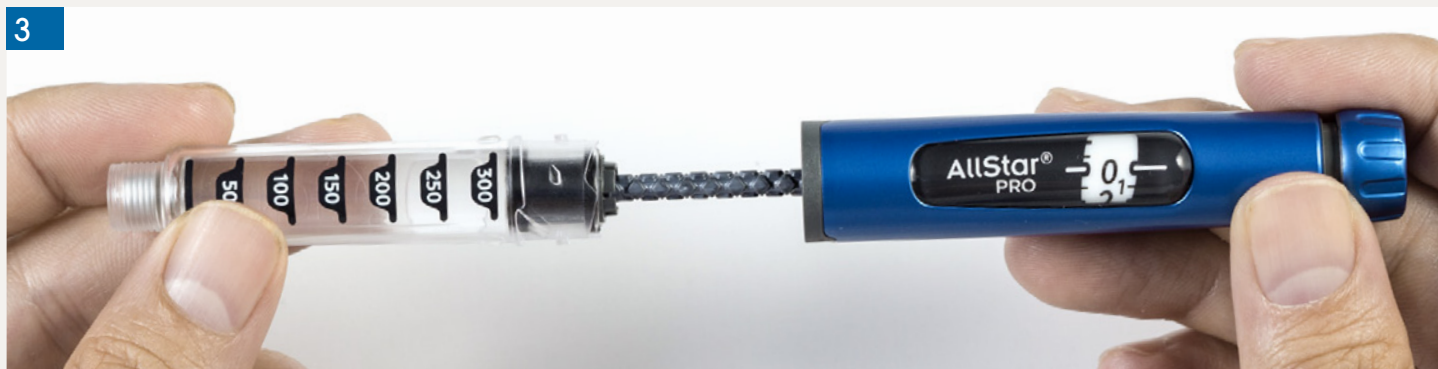
Inserting a new insulin cartridge or replacing a used one



1. Pull off the pen cap and unscrew the cartridge holder from the pen body.



2. Insert the new cartridge, narrow end first, into the cartridge holder.



3. Align the insulin cartridge holder straight with the pen body and if the plunger is extended, push it back with the insulin cartridge. Screw the cartridge holder firmly back onto the pen until you hear and feel it click.



4. Check that the alignment marks on the cartridge holder and pen line up.

Attaching a needle



1. Always use a new sterile needle for each injection to help prevent side effects e.g. infections. Peel off the protective seal and screw the needle onto the pen, keeping it straight. You don't need to over-tighten the needle.



2. Remove the outer needle cap. Keep for later.



3. Remove the inner needle cap and throw away.

Safety test

The first safety test after the insertion of a new insulin cartridge is very important, but you should also do a safety test before each injection.



1. Select 2 units by turning the dose selector to '2'.



2. Press the dose button all the way in. When insulin comes out of the needle tip your pen is working correctly. If no insulin comes out, refer to the full instructions for use. You may see air bubbles in the insulin. This is normal, they will not harm you.

Selecting & injecting your dose

Your starting dose is _____



1. Make sure the needle is attached and the dose is set to 0.



1b. Dial the required dose by twisting clockwise until the number of units needed is displayed, for example 10 units. If you go past your dose, you can dial back down, by turning the dose selector anti-clockwise.

Push the needle into the skin. Remember that injection sites within an injection area – stomach, thigh or buttocks – must be rotated from one injection to the next.



2. Place your thumb on the dose button then slowly press the injection button all the way in. When you see '0' in the dose window, slowly count to 10.



3. Release the button and remove the needle from your skin.

Do not select a dose AND press the dose button without a needle attached. This may damage your pen. If there are not enough units left in your pen for your dose, please refer to the instructions for use to understand how to administer your full dose.

Removing the needle from the pen



1. Push the outer needle cap back onto the needle, keeping it straight.



2. Squeeze the outer needle cap and twist the needle from the pen.



3. Throw the needle away in a puncture resistant container and replace the pen cap.

Useful tips

Your AllStar Pro[®] pen will stay with you during your insulin journey. It has been designed to be used for up to 3 years after first use.

Each insulin cartridge contains 300 units of insulin so you can keep using it until it runs out or has been in use for 28 days. When the insulin cartridge is empty follow the steps explained earlier to replace it with a new one. Here are some tips and tricks to ensure that it is kept in top condition.

Record the date your pen was first used here: _____

Storage

- Always store your AllStar Pro[®] pen with the insulin cartridge inserted, without the needle and with the cap on
- Keep your pen at room temperature
- Do not store AllStar Pro[®] in the refrigerator. Do not freeze
- Lantus[®] cartridges can be stored below 30°C for up to 28 days
- Apidra[®] cartridges can be stored up to 25°C for 28 days

Care

- Clean the outside of the pen with a damp cloth
 - Keep your pen safe from drops and hard surfaces
 - Contact your healthcare professional if you think the pen may be broken
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- Always store your AllStar Pro[®] pen with the insulin cartridge inserted,

Helpful links

If ever you are unsure about your AllStar Pro[®] pen, you can contact your healthcare professional or Sanofi directly using these links.



Sanofi Medical Information

0800 526 887

Open Monday to Friday, 11:00 am to 7:00 pm.



Your healthcare professional contact details



Lantus® is a Prescription Medicine that is part of the daily treatment of Type 1 & Type 2 diabetes mellitus. Lantus has risks and benefits. Ask your doctor if Lantus is right for you. Do not use if allergic to insulin glargine or any of its ingredients. Precautions: for subcutaneous (under the skin) injections only, do not mix or dilute. Close monitoring required during pregnancy, kidney or liver disease, intercurrent illness or stress. Tell your doctor if you are taking any other medicines, including those you can get from a pharmacy, supermarket or health food shop. Interactions with other medicine may increase or decrease blood glucose. Side Effects: hyper or hypo glycaemia, injection site reactions, lipodystrophy (local disturbance of fat metabolism). Contains insulin glargine 100U/ml. Use strictly as directed and if there is inadequate control or you have side effects see your doctor, diabetes nurse or educator. For further information please refer to the Lantus® Consumer Medicine Information on the Medsafe website (www.medsafe.govt.nz). Sanofi, Auckland, freephone 0800 283 684. Lantus® is fully reimbursed when prescribed by a medical practitioner. Pharmacy charges and doctors fees apply.

Apidra® is a Prescription Medicine that is part of the daily treatment of Type 1 & Type 2 diabetes mellitus. Apidra has risks and benefits. Ask your doctor if Apidra is right for you. Do not use if allergic to insulin glulisine or any of its ingredients. Precautions: for subcutaneous (under the skin) injections only, only mix Apidra® with (NPH) insulin if your doctor has instructed you to do so. Close monitoring required during pregnancy, kidney or liver disease, intercurrent illness or stress. Tell your doctor if you are taking any other medicines, including those you can get from a pharmacy, supermarket or health food shop. Interactions with other medicine may increase or decrease blood glucose. Side Effects: hyper or hypo glycaemia, injection site reactions, lipodystrophy (local disturbance of fat metabolism). Contains insulin glulisine 100 U/mL. Use strictly as directed and if there is inadequate control or you have side effects see your doctor, diabetes nurse or educator. For further information please refer to the Apidra® Consumer Medicine Information on the Medsafe website (www.medsafe.govt.nz). Sanofi New Zealand, Auckland-Freephone 0800 283 684. Apidra® is fully reimbursed when prescribed by a medical practitioner for Type 1 or Type 2 diabetes mellitus patients. Pharmacy Charges and Doctors fees apply. SAANZ.DIA.20.05.0217. Date of preparation May 2020. TAPs PP5764.