

Courses available

Level 3 and 4

Manaaki Tāngata certificate in bicultural social services

[This qualification](#) will help you with a career in social services, improving people's lives and changing your community. Manaaki Tāngata is a great place to start if you're wanting an introductory qualification to help you understand diverse communities and working in whānau-centred social services.

New Zealand certificate in health and wellbeing (Level 3)

If you're looking to pave the way for a career in healthcare, succeed by upskilling with [NZSE's NZ Certificate in Health and Wellbeing \(Level 3\)](#).

New Zealand certificate in health and wellbeing (Level 4) peer support

[The apprenticeship in peer support](#) is designed to provide specific skills, knowledge and attributes to support people, family and whānau with their aspirations as a peer support worker. The underpinning philosophy of the programme is to build a person-centred, critical thinking workforce.

New Zealand certificate in health and wellbeing - social and community services (Level 4)

[This one-year health and wellbeing course](#) will provide students with the foundation knowledge, skills, and practical experience required to work alongside individuals, families, and whānau accessing social and community services. Students gain a wide range of transferable skills essential to the role of a support worker and select from one of the following strands to further strengthen their learning.

Primary care practice assistance 4 (Te Mahi Āwhina Tuatahi 4)

[This programme is designed](#) for those who are interested in developing a career in health and wellbeing; supporting people, families/whānau, and the healthcare team in a primary care practice.

Students will work in healthcare teams under the direction and delegation of a registered health professional and be able to assist general practitioners, registered nurses, and management in the day-to-day operation of a primary care practice.

New Zealand certificate in health and wellbeing (Level 3) health assistance strand

[This qualification](#) is aimed at recognising the skills and knowledge required to provide person-centred support in the health and wellbeing sectors. The programme aims to develop the skills and knowledge required to provide care under the direction and delegation of a health professional in a range of contexts including aged residential, acute, primary and rehabilitative care.

New Zealand certificate in health and wellbeing - support work (Level 3)

[This qualification](#) will give you the skills and knowledge required to provide a person-centred approach that maximises independence, work with limited supervision under the guidance of your organisation and implement personal plans.

New Zealand certificate in health and wellbeing - social and community services (Level 4)

[This one-year health and wellbeing course](#) will provide students with the foundation knowledge, skills, and practical experience required to work alongside individuals, families, and whānau accessing social and community services.

Advanced care leadership and mentoring

Free online course

As advanced practitioners, you will be expected to take on leadership and mentoring roles in health or wellbeing settings. [In this online course](#) you will apply the principles, skills and qualities needed to lead client support and mentoring or coaching in a health or wellbeing setting.

Coaching - A leadership skill

[Find out how to get the best from individuals](#) and teams and help them to realise their true potential and purpose. You will learn how to structure coaching sessions around motivation, achievement, solutions and action planning. Coaching requires you to have skills that allow you to analyse ways to improve performance, plan mutually acceptable actions, create a supportive and helpful climate, and influence employees to change behaviour in positive ways.

Apprenticeship in community health work (Level 4)

[This apprenticeship programme](#) leads to the awarding of the New Zealand Certificate in Health and Wellbeing (Level 4) (Social and Community Services) with a strand in Community Health Work qualification. It is well-supported and resourced with a team of Apprenticeship Advisors providing pastoral care and support.

Apprenticeship in whānau, community and social services (Level 4)

[This apprenticeship programme](#) leads to the awarding of the New Zealand Certificate in Health and Wellbeing (Level 4) (Social and Community Services) with a strand in Whānau, Community and Social Services qualification. It is well-supported and resourced with a team of Apprenticeship Advisors providing pastoral care and support.

Apprenticeship in mental health and addiction support (Level 4)

[This apprenticeship programme](#) leads to the awarding of the New Zealand Certificate in Health and Wellbeing (Level 4) (Social and Community Services) Mental Health and Addiction Support strand qualification. It is well-supported and resourced with a team of Apprenticeship Advisors providing pastoral care and support.

Certificate in Rongoā

[Become a kaitiaki of our rongoā Māori](#) and connect with the mātauranga (knowledge) of our tūpuna (ancestors) to address the wellness needs of today.

Learn about the customs and protocols that surround rongoā as you develop an understanding of the Māori world view. Be part of the revival of traditional and contemporary rongoā practices in Aotearoa, and gain insight and learn to know, appreciate, and respect rongoā but not yet use it or advise others on how to use it - that will take further study.

Health Literacy – Health coach resources

Free resources

<https://www.healthliteracy.co.nz/health-coach-resources/>