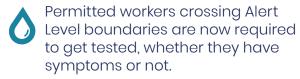
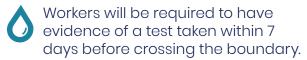
What you need to know







- 2. Evidence of permitted travel
- 3. Proof of ID
- Workers who currently undertake 14-day cycle testing will need to get a test 7 days prior to when they need to cross the Alert Level boundary.
- The responsibility for the weekly testing is shared between the employer and the employee.



Common questions about saliva testing

Why should I choose saliva testing?

Saliva testing is a less invasive and convenient way to provide a sample for a COVID-19 test.

What is the requirement?

Saliva testing is a series of tests: minimum of 2 tests within a 7 day period.

Why do I need to get tested?

As a permitted worker crossing Alert Level boundaires, it is required that you are able to provide evidence of having had a test within 7 days before crossing.

Do I have to pay for testing?

Testing for the purposes of crossing the Alert Level boundary will be at no cost to employees.

What if I've been vaccinated?

You can still get COVID-19 if you're vaccinated. So regular saliva testing is a simple and easy way to make sure COVID-19 does not sneak up on you. By doing this, you keep yourself, your colleagues, whānau and our communities safe.



Saliva testing is a self-administered test.

It provides you with flexibility in terms of when and where you can give a sample. At home, at work or on the road. It takes just 3 simple steps:



Talk to your manager



Get your saliva kit



Start drooling

GETTING STARTED IS EASY

It takes just 3 simple steps. To find out more please visit the Ministry of Health's website and search for saliva testing.

New Zealand Government



Here's what you need to do to start saliva testing



Go to:

www.covid19salivatesting.co.nz to opt in for saliva testing. For those businesses who have saliva testing on-site, check with your employer and they will opt you in.



Start drooling - when providing a sample let saliva collect in your mouth, then drool into the tube to the level of the bottom of the label (it's less than a teaspoon).

NOTE: 30 minutes before you drool, don't brush your teeth, chew gum, smoke or vape, eat or drink anything but water.



Your results will be sent via test message to your phone and this can be used as proof of test.

If you don't have a smartphone, ask your employer about the manual process or contact APHG directly



Download the app.
Follow the steps on the
APHG website here:
https://covid19salivatesting.
co.nz/registering-for-thesaliva-testing-app/



After you drool, drop your saliva sample to the collection points either at your workplace or as identified through the Ministry of Health's available locations.



Collect your saliva testing kit.
Locations can be found on the
MInistry of Heatlh website https://www.health.govt.nz/ourwork/diseases-and-conditions/
covid-19-novel-coronavirus/
covid-19-information-specificaudiences/covid-19-resourcesborder-sector/saliva-testingborder-worker

If saliva testing is available at your workplace, check with your employer to find out where the collection point is.



Samples are picked up regularly from collection points and taken to the labs for processing.



