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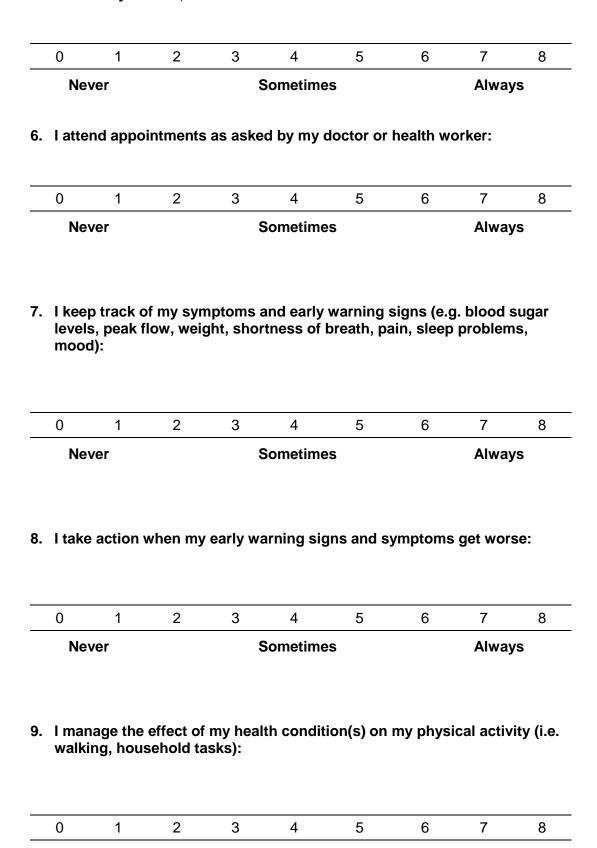
Always

Never

Sometimes

5. I am able to deal with health professionals to get the services I need that

fit with my culture, values and beliefs:



Not very well Fairly Well Very Well

10. I manage the effect of my health condition(s) on how I feel (i.e. my emotions and spiritual wellbeing):

0	1	2	3	4	5	6	7	8
Not very well			Fairly Well			Very Well		

11. I manage the effect of my health condition(s) on my social life (i.e. how I mix with other people):

Not ver	v well			Fairly We	II	Very Well		
0	1	2	3	4	5	6	7	8

12. Overall, I manage to live a healthy life (e.g. no smoking, moderate alcohol, healthy food, regular physical activity, manage stress):

Not ve	ry well			Fairly We		Very Well		
0	1	2	3	4	5	6	7	8