

Wāhine Ora

Whānau toa, kia mōhio tātou, kia whakatupu tātou.

Strong families, may we know them, may we grow them.

Wāhine mā, join us on a journey to become smokefree.

Surround yourself with fun, self-care & self-love whilst improving your hauora.



Register by July 28th 2023
Contact: stopsmoking@tuiora.co.nz

*Eligibility is based on a CO validation